



Cobar Public School Newsletter

We pay our respects to the Wangaaypuwan Ngilyampaa people on whose land we meet and learn.

Term 4, Week 7

Thursday, 26th November, 2020

Principal's Report

Cobar Public School is as busy as ever!

This week, staff continue online training with a PBL zoom network meeting, individual training sessions around *What Works Best* and preparation for the School Improvement Plan. Teachers are working toward finalising semester 2 reports and students have been engaged in ongoing assessment tasks in preparation for this.

Just to refresh your minds about how busy school life is this week students will rehearse for the filming of their class or stage Christmas Concert items to be uploaded onto youtube and the school website later in the term; students are working in the sensory garden areas and learning about growth and change; year 6 students will be involved in another transition to year 7 session at CHS; Ngali Pre-schoolers are loving to play in their newly established mini playground area; Smooth Start for 2021 kindergarten students successfully continues with their happy smiling faces greeting staff as they are signed in for their sessions.

The school grounds are looking good with some turf, a little fertiliser and water being splashed around to keep a little bit of green and less dust in our environment.

I had the pleasure of reading illustrated stories written by a class that had made their stories into a book this week. It was great to chat to several of them about their writing and drawing. Parents and carers.... it's a good idea to ask your child at the end of the day how their day was and maybe what they had learnt.

Stay safe, take care and connect with those around you.

Mrs Daphne Jermyn
Relieving Principal

Student Presentation Day— Friday 11.12.20

and
**notification of change of date for
student school sport from
Fri 11.12.20 to Thursday 10.12.20**

This year, due to Dept of Education restrictions around Covid-19 health concerns, we are holding three separate Student Presentation Award Assemblies; Gold, Copper and Zinc on Friday 11.12.20 in our school hall.

Unfortunately, students and staff will only be able to attend these assemblies. However, each assembly will be recorded and available for viewing at a later time via online media for parents and interested community members.

Please ensure your student is in full school uniform on Friday 11.12.20.

The CPS Presentation Program, plus a list of all student awards and a recording of each team assembly will be available for viewing online after Friday 11.12.20.

Student sport will be held on Thursday, 10.12.20 instead of Friday, 11.12.20. Students should wear their sports uniform on *Thursday 10.12.20*.

GENERAL INFORMATION

Administration Office Hours - 8.30am - 3.30pm
School commences at 8.55am—School finishes at 3.05pm
Students are not supervised before 8.30am

Parent Reminder

Student Allergies

Cobar Public School is an 'ALLERGY AWARE' School. Staff, parents, visitors and students are actively discouraged from bringing nuts and nut based products onto the Cobar Public School site.

Please keep this in mind when packing recess and lunch for your children. *Thank you.*

WHAT'S HAPPENING AT CPS

DATES TO REMEMBER

12 & 26.11	▶ Year 6 Transition Program to Cobar High School—11.30 to 12.30pm
9.12	▶ Yr 6 Farewell - Cobar Public School hall
11.12	▶ Student Presentation Assemblies at Cobar Public School—students and staff only
14.12	▶ Student Reports sent home with students
15.12	▶ PBL Shining Day K-2 / 9 to 11am 3-6 / 11.30 to 2pm
16.12	▶ Last Day of School

PBL

Focus of the Week

'Wear your school uniform'

Responsible **Respectful** Learners

Canteen

The canteen has had a menu change for term 4.
Please check the new menu.

Uniform News

The replacement uniform (green/white checked dress and black skirt) commenced phase in stage at the start of T4.
Please check the new uniform list for changes.

To purchase uniforms, please fill in a form at the front office and it will be filled as soon as possible.

Dear Parents,

We want to offer families more flexibility with their work commitments and child care arrangements and to create more opportunities across the whole community. Having Out of School Hours Care available at local schools is a great way to achieve this.

As part of the NSW Government's \$120 million Before and After School Care (BASC) commitment, parents at all NSW schools were recently invited to complete a Have Your Say survey. The survey asked parents to tell us how they are using Out of School Hours Care, how much it costs them, whether they plan to keep using it, and what difficulties they experience in accessing it. The survey results have helped us to better understand the needs of families and what's important to them.

We are now asking all parents to complete a [quick follow-up survey](https://surveys.education.nsw.gov.au/s3/OSHCParentSurvey) by **Friday 27 November 2020**. You can access the survey at <https://surveys.education.nsw.gov.au/s3/OSHCParentSurvey>. This information will help us to target the rollout of more before Out of School Hours Care services in the right areas.

If your child does not require Out of School Hours care, we ask that you please still complete the first section of this survey as it gives us important information about the level of demand at your school.

If you have any questions, please feel free to contact Cobar Public School on 6836 2039 or the BASC Program team by phone on 1300 244 145 or email at: BASCReform@det.nsw.edu.au

School Attendance

If you would like more information about attendance, please go to the link below.

<https://education.nsw.gov.au/student-wellbeing/attendance-behaviour-and-engagement/school-attendance>

Reminders:

- ★ Assemblies have been cancelled for the rest of Term 4, 2020 — due to Dept. of Education Covid-19 restrictions. Instead student awards will continue to be presented in class or at morning student assemblies for the remainder of Term 4.
- ★ Please label student's clothing, lunchboxes, water bottles etc
- ★ **No hat, No play**

CPS Newsletter is available:

- via Facebook - Cobar Public School
- CPS website <https://cobar-p.schools.nsw.gov.au/>
- Printed copies can be collected from the CPS Admin. Office if you prefer this format.



CONNECTING FAMILIES

to grow & create

WITH WELLBEING PACKAGES

1. GROW - MINI GARDEN
2. CREATE - CRAFT
3. CONNECT - COOKING

Please register your details and choice to

Jennifer Barton
Community Engagement Officer RFDS
P|0429 379 286
E|jennifer.barton@rfdsse.org.au



FREE SLUSHIE!

Dear Parents and Carers,

From Thursday 3rd till Wednesday 9th December the CPS P&C will be giving a FREE Slushie to every student as a special treat to end the year!

Due to the volume of slushies required each year level will be given their slushies on their designated day.

Thursday 3rd December – KM and K/1B

Friday 4th December – 1/2O and 1/2K

Monday 7th December – 3/4G and 3/4JD

Tuesday 8th December – MCF, MCVB and 4/5/6 SD

Wednesday 9th December – 5/6H and 5/6 MH

Please review the ingredients list below: (Flavour will not be optional and is selected by the Canteen manager on the day).

Raspberry

Ingredients: fruit juice concentrates (pear, orange, pineapple and elderberry) water, food acid (330), natural flavours, natural colours (150d, 164) preservatives (202, 223)

Grape

Ingredients: fruit juice concentrates (pear, orange, pineapple and elderberry) water, food acid (330), natural flavours, natural colours (163, 164) preservatives (202, 223)

Pine Lime

Ingredients: fruit juice concentrates (pear, orange, pineapple and elderberry) water, food acid (330), natural flavours, natural colours (141, 165, 160a, 164) preservatives (202, 223)

If you **do not** wish your child to receive a slushie please fill in the slip below and return to their class teacher by Tuesday 1st December. If we don't receive the note back by the due date your child will receive a free slushie on their allocated day.

Kind Regards



Emily Miller

President, CPS P&C Ass.

Flavour is not optional and will be selected by the Canteen manager.



I, _____ do **NOT** wish my child _____
of class _____ to receive a free slushie.

Parent / Carer signature: _____ Date: _____

School Travel for 2021



2021 school travel applications are now open

Applications for student travel in 2021 opened from Monday 12 October 2020.

Students who require a School Opal card or travel pass for 2021 can now apply online. A new application should be submitted if a student is applying for a school travel pass for the first time or requesting an additional pass as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who have changed school/campus, changed address, repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should re-apply or update their details.

*Applications must be completed by the student's parent or legal guardian if the student is aged under 16 years. Students 16 years and over must complete the application form themselves.

Where there is a change of distance eligibility based on a student's grade, the system will automatically update a student's entitlement if they meet the new criteria. If they do not meet the new eligibility criteria, they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.

Term Bus Pass holders will receive a notification to re-apply.

If a student needs to update their information or re-apply, they should go online to <https://apps.transport.nsw.gov.au/ssts/updateDetails>

Applications need to be submitted before 31 December 2020 to ensure that current student entitlements are updated and their current entitlement/card remains valid. If their application is submitted after 31 December 2020, the system will automatically cancel an entitlement/card and a new one will need to be issued.

Students in the Opal network applying for a SSTS or Term Bus Pass entitlement for the first time will receive their card at their nominated postal address. Cards will be mailed out from January 2021.

Students residing in Rural and Regional (R&R) areas should receive their travel pass at the commencement of the new school year from their nominated operator, this may be distributed via the school or sent direct to their address. Note: some R&R operators do not issue travel passes. Students/Parents should confirm with their nominated operator if they do not receive a pass.

New Concession Entitlement Cards

Transport for NSW will be replacing the below cards with Transport Concession Entitlement Cards (TCEC) from October 2020:

- Senior Secondary Student Concession Card (16 years and over) - also used by Mature Secondary Students (18 years and over), Distance Education Students and Home School Students
- Proof of Age card (when a student under 16 years of age looks older)
- Boarder Rail Pass.

All previous cards will be valid until they expire. Students who require a Transport Concession Entitlement Card should speak with their school administration staff.

Enquiries regarding school student travel can be submitted to Transport for NSW at:
<https://transportnsw.info/contact-us/feedback/passes-concessions-feedback>

Cobar Public School Uniform Shop Price List and Order Form

****All shirts, jumpers and hats are printed with the school emblem****

SUMMER UNIFORM	Size (please circle)								Price	Quantity	Sub-Total
Green Polo T-Shirt	4	6	8	10	12	14	16		\$20.00		
Green Polo T-Shirt	S	M	L	XL					\$24.00		
Boys Grey Short	4	6	8	10	12	14	16		\$20.00		
Girls Black Skort	3	4	6	8	10	12	14	16	\$22.00		
Girls Black Skort	18	20	22						\$25.00		
Girls Check Dress	4	6	8	10	12	14	16		\$22.00		
Tartan Dress (phasing out T4 2022)	5	6	8	10	12				\$22.00		
Tartan Skort (phasing out T4 2022)	5	6	/	/	12	14			\$20.00		
WINTER UNIFORM	Size (please circle)								Price	Quantity	Sub-Total
Green Zip Up Jumper	4	6	8	10	12	14	16		\$27.00		
Green Zip Up Jumper	S	M	L	XL					\$32.00		
Boys Double Knee Grey Trouser	4	6	8	10	12	14	16		\$20.00		
Girls Straight Leg Black Pant	4	6	8	10	12	14	16		\$25.00		
Girls Straight Leg Black Pant	16	18	20						\$27.00		
Black Double Knee Fleece Track Pants	4	6	8	10	12	14	16		\$25.00		
Unisex Black Microfibre Track Pants	4	6	8	10	12	14	16		\$25.00		
Unisex Black Microfibre Track Pants	S								\$30.00		
SPORTS UNIFORM	Size (please circle)								Price	Quantity	Sub-Total
Sports Polo T-Shirt	4	6	8	10	12	14	16		\$25.00		
Sports Polo T-Shirt	S	M	L	XL	XXL				\$30.00		
Girls Sport Skort	4	6	8	10	12	14	16		\$15.00		
Sports Team (please circle)	Red Occidental			Blue Great Cobar			Yellow Fort Bourke		Green Chesney		
OTHER ITEMS	Size (please circle)								Price	Quantity	Sub-Total
Green Wide Brim Hat	Small		Medium			Large			\$12.00		
TOTAL										\$	

Child's Name: _____

Class: _____

Parent/Guardian Name: _____



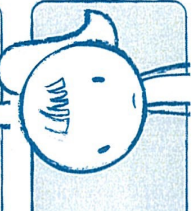
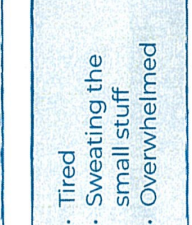
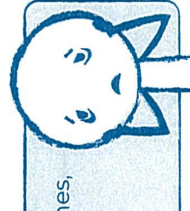

Contact Number: _____

Payment Options

- Cheques are to be made payable to Cobar Public School
- Cash - Please enclose cash with order
- EFTPOS available at the front office

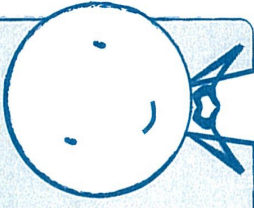
I care.

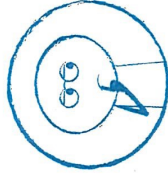
What changes do I look out for in myself and others?

 <ul style="list-style-type: none">• Disconnected (from yourself and others)• Irritable• Lacking motivation	 <ul style="list-style-type: none">• Agitated• Frustrated• Unhelpful thoughts
 <ul style="list-style-type: none">• Forgetful• Disorganised• Confused• Lacking concentration	 <ul style="list-style-type: none">• Tired• Sweating the small stuff• Overwhelmed
 <ul style="list-style-type: none">• Eating more or less than usual• Self-medicating with alcohol or drugs	 <ul style="list-style-type: none">• Suffering headaches, muscle pain or stomach aches

I am connecting.

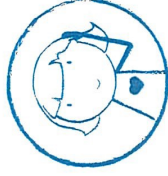
How can I support myself and others?

<p>Look for changes – Care for yourself. Notice any changes and concerns – in yourself and in others.</p>	
<p>Listen with kindness – Checking in with others shows you care. Create a safe space with time to listen. You don't need to fix anything. Simply show them you have noticed and understand.</p>	
<p>Seek advice – If you are worried check they are supported and build connections. Let them know you want to help them seek advice and plan to reconnect.</p>	



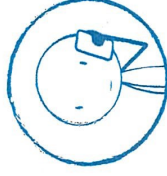
Look for changes.

Noticing changes in yourself and others is a great start.



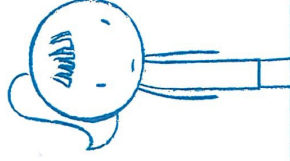
Listen with kindness.

Checking in with others shows you care.



Seek advice.

Get support by asking for help.



It's OK to ask for help.

Then you can help yourself and others.

Take Care + Connect

education.nsw.gov.au/care-and-connect

